## BEHAVIORAL HEALTH ADVISORY BOARD

# YOUTH & FAMILY COMMITTEE

MINUTES • Wednesday, December 9, 2020

#### **Members Present**

Denise Nielsen, Committee Chair Martie Miles, Aspiranet Carole Shelton, Rainbow Connection Lori Litel, United Parents Dr. Danielle Shaw

### **Others Present**

Chandra Schlee, Gold Coast Elizabeth R. Stone, BHAB Member

Melissa Hannah, United Parents
Mark Stadler, Crisis Intervention Team (CIT)
Carrie Vredenburgh, Probation
Savannah Eden, Kids & Families Together
Soledad Barragan, BHAB Member
Regina Reed, Ventura County Office of Education
Maya Lazos, NAMI/Vista del Mar Hospital
David Swanson-Hollinger, Human Services Agency – Child Family
Services
Alex Zajdman, Interpreter

Ventura County Behavioral Health (VCBH) Managers/Staff Present

Dina Olivas, Youth & Family Division Sr. Manager
Hilary Carson, MHSA Program Administrator – Innovations
Gracie Lopez, VCBH minute taker
Joanna Peterson, BHAB Assistant

NEXT MEETING: March 10, 2021

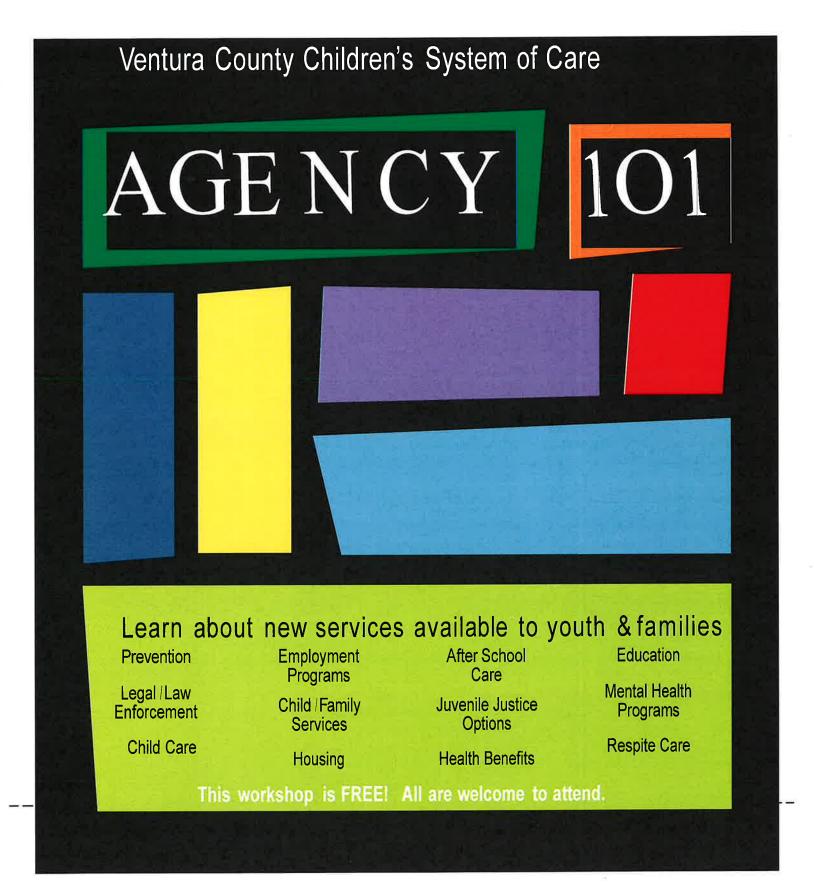
Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
l.	Call to Order Chair Nielsen called the meeting to order at 10:00 a.m.		
II.	Approval of the Agenda  Ms. Nielsen asked the Committee to review and approve today's agenda. Carole Shelton moved to approve; Steve Graff seconded. The motion carried unanimously through roll call.	The agenda was approved as written. M/S/C	
111.	Approval of the December 9, 2020 Minutes  Ms. Nielsen asked the committee to review and approve the minutes of the December 9,2020 meeting. Steve Graff moved to approve; Carol Shelton seconded. The motion carried unanimously through roll call.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions  Ms. Nielsen welcomed everyone and asked for introductions.		
V.	Chair Announcements None.		
VI.	Public Comments None.		
VII.	Presentation: None		
VIII.	Fiscal Year 2019/2020 Annual Report – Review and Approval Ms. Nielsen reviewed the FY 2019/2020 Annual Report with all Committee members. Discussion took place and various questions were answered. A motion was made to approve the amended annual report. The motion carried unanimously through a raise hand feature.	FY 2019/2020 Annual Report was approved as amended. M/S/C	
IX.	Ventura County Behavioral Health (VCBH) Youth & Family Division Updates  • Youth & Family Division − Dina Olivas, Division Chief  • Dina acknowledged this is a difficult time and thanked everyone for being in attendance today noting we are all working on our wellness.		

- Continuing to have Michael White who is our safety officer work very closely with our Youth and Family division and all our agency partners to continue to provide solid information based on science on how to continue to stay healthy and have mitigation plans in place.
- Functioning under a plan that is not only part of the division but also part of the greater Health Care Agency in terms of how we are practicing by being part of the community as essential workers.
- In the Youth and Family Division, approximately one third of staff are regularly coming in person to our clinics and to our specialty programs. That does not include our agency partners that each have their own ratio of staff coming in person.
- Continue to provide telehealth and Crisis Services that are both in person and via telehealth. Juvenile justice services that are face to face within the facility continue. Michael White and school base managers ,Clinic administrators and clinicians are working closely with VCOE and all the different districts in terms of each district having a plan and their own decisions around what is in person and what is not in person in terms of services for school base related, IEP and MH services. The manager over those services that is staying close with all the districts and all our VCOE partners.
- Staff are providing telehealth and how our youth and families are doing with the services is being reviewed. Do families feel comfortable and safe coming in person with appropriate distancing and safety in place? Do the families have technology barriers? Working closely with the families to assess risk and ensure if we need to see someone then we see someone with those safety factors in mind.
- ❖ Fast our parent partner program continues to provide support to parents which has been critical due to parents continue to juggle work and kids with social distant learning.
- Entered an agreement with VCOE to help with the development of Ventura County Wellness Centers. This is going to take place on looking on high school campuses on wellness and a preventative health set. The school districts that are involved include Cornejo, Fillmore, Moorpark, Oxnard, Ojai, Santa Paula, Simi and Ventura. The high schools that are being identified are Channel Island, Pacifica, Oxnard, Port Hueneme, Moorpark, Fillmore and Buena high.
- Continue to keep all our 7 clinics open and all our additional programing open and continue to have all families and youth engage on having services.
- Mental Health Services Act (MHSA) Hilary Carson, Program Administrator, Innovations
  - MHSA-Working on annual report we should be circulation some of the changes, improvements, expansions, sunsets of that program information in January. When it does come out that is the community's opportunity to provide us with feedback. We do have zoom links yet but will be coming out soon.
  - Finally kicked off the laquave intervention training that we are doing which is another PEI program. That Is specifically training for the latinx community to get training on how to identify signs of mental health illness within their community. Program that came out of USC we got our first batch of trainers trained this week. They will be reaching out to get folks to go through that training and provide feedback. If you know of any individuals this might make sense to please reach out to Esperanza Ortega or Hilary Carson or <a href="make-english">mhsa@ventura.org</a>. There will also be additional facilitator trainings. If you have staff that is interested let them know as well.
  - Tomorrow is the Suicide Prevention conference taking place all on zoom. Registration is closed at this time. The first part will be recorder so if interested in watching it later it's a possibility. The second half of conference will not be recorded. Suicide prevention council meetings were restarted last Friday. The next meeting will be February 5<sup>th</sup> at 10:00a.m.
  - Innovation dollars its that time again. Looking to possibly extend some of the programs that are ending this year and most definitely looking for new submissions. Go to wellness every day go to the MHSA section and submit ideas. We need to get projects approved before June.

## Committee Members' Comments, Activities, Updates Regina-ERSES (Education Related Social Educational Services) which provide services to students through VCBH through the IEP and have other agencies to students before they get to the ERSES level. But across the board it's been a struggle to get kids and parents to engage and connect right now. They are about 50/60 percent participation. Agency 101 on January 27th, 1pm-4pm virtually. We have a very low response from the agencies saying that they will be participating. We are asking the agencies to set up their own zoom or google meets and send it to SELPA and post everything on a pad let so the participants to go the pad let see what agency they want to go and get their zoom or google meets there. We only have about 5-6 agencies participating for now. Annual walking the path will be held on February 27th 8:30am-1130am. Which is for families and caregivers for children birth to 5yrs. We have 2 different parents offering key notes both in English and Spanish. They have several different breakout sessions they can participate in. Several parent trainings have been offered since the fall, even with advertising and sending out flyers very low turnout. Everything that is being offered will be recorded and will be posted on our Selpa website. If schools have been open, they can remain open. If they had plan to open, they cannot open at this point. Dr. Shaw- The Pediatric Mental Health collaborative are getting back together now that we are learning how to meet virtually. We have a wonderful group of court providers, psychologist and pediatricians and now we are trying to become little more formalized and structure having some monthly topics. We are going to try and reach out to more of the pediatricians through the American Academy of Pediatrics. We have some of the pediatricians listed through the county resources it's much harder to get to the pediatricians within the community. Someone will work on finding out who the psychologist that are in the community. What insurances they take, what type of therapy they do and what age group they take. Michael Rodriguez- Effective July 1st Department of Juvenile Justice (DJJ) will stop accepting new juveniles into their facility. There's are 3 facilities around the state 2 in Stockton and 1 here in Camarillo. DJJ is kin to a juvenile prison so it's for long term commitment for youth who have had serious or violent charges sustain. What this means is all the youth who have previously been sentenced or sent over to the department of juvenile justice will now be incarcerated or housed here at the local juvenile hall. The local Juvenile hall is in the process of retrofitting their facilities as well as establishing program address for the needs of these youth's. Including expanding their capacity to do trauma informed counseling to design other programs for more long-term housing of youth. Michael is extending invite to contact members of the JJCC and probation so we can provide or get community input what kind of program should be implemented. Scott Abeson-SB823 came into play in September. We had anywhere from 19 to 24 years old who will now be housed in our facility. If a juvenile begins in juvenile courts that juvenile will potentially stay until their 25th birthday. Staff in the facility has been asking about training for some of the more sophisticated adults. There has been allot of challenges but continue to improve and work together. XI. Items for the Next Meeting Agenda Not discussed. XII. Adjourn

The meeting adjourned at 11:57 a.m.



Wednesday, January 27, 2021 1:00pm to 4:00pm

1:00pm to 4:00pm

Ventura County Office of Education Conference Center
5100 Adolfo Road. Camarillo



November 2020

Dear Community Agency,

Agency 101 is an annual interagency collaborative event that provides information and networking for all who are working with children and youth needing intensive services and/or residential placement. Due to CDC Guidelines and our current circumstances due to COVID, this year's Agency 101 event will be held entirely virtual. Information will be accessed on a Padlet. Sample: <a href="https://padlet.com/VCSELPA/szxwimh5ltt0kj7y">https://padlet.com/VCSELPA/szxwimh5ltt0kj7y</a>

Agency booths will be organized by category of the services/programs offered. The format will be simple. Each agency will be asked to provide a Zoom link to access their "Pad" in the "Padlet". Our guests will be able to "drop in" and visit the agencies they would like to gather information from, with no registration/cost required. There will be no formal agency presentations. Because of this format, agencies are asked to be available from 1pm to 4pm so that people who drop by later in the afternoon will have access to all of the information.

If you would like to reserve a virtual booth, please complete the attached RSVP and return to Barbara Rush at <a href="mailto:Brush@vcoe.org">Brush@vcoe.org</a>, no later than December 30, 2020. Please be sure to include the Zoom link established by your agency. This is the link that will be posted on the Padlet and will provide access to you and your programs/services.

Regardless of whether or not you are planning to participate, please take a moment, if you have not already done so, to review the attached Agency 101 Community Handbook. Please make any additions or corrections on behalf of your agency in red or highlight and return to Barbara at your earliest convenience.

Agency 101 is co-sponsored by the following Ventura County agencies: Special Education Local Plan Area (SELPA), County Office of Education, Behavioral Health, Children and Family Services and Probation. These agencies are dedicated to making sure that people working with our "at promise" youth have the most current, comprehensive information about available options to support our youth and families.

Please disseminate the Save the Date flyer to all staff in your agency. Once we have the "Who's Here Today" publication ready to go with all of the Zoom links, we will send it to you so you can send out to your colleagues as well. Thank You so much for your partnership and support for our youth and families. We look forward to hearing back from you soon. Please let us know if you have any questions at all. Thank You.

Sincerely,

Regina Reed
Director of Personnel Development