

BEHAVIORAL HEALTH ADVISORY BOARD
YOUTH & FAMILY COMMITTEE
MINUTES ■ Wednesday, October 14, 2020

<p><u>Members Present</u> Denise Nielsen, Committee Chair Martie Miles, Aspiranet Carole Shelton, Rainbow Connection Lori Litel, United Parents Dr. Danielle Shaw</p> <p><u>Others Present</u> Melissa Hannah, United Parents Mark Stadler, Crisis Intervention Team (CIT) Carrie Vredenburgh, Probation Savannah Eden, Kids & Families Together Soledad Barragan, BHAB Member Regina Reed, Ventura County Office of Education Maya Lazos, NAMI/Vista del Mar Hospital David Swanson-Hollinger, Human Services Agency – Child Family Services Alex Zajdman, Interpreter Chandra Schlee, Gold Coast Elizabeth R. Stone, BHAB Member</p>	<p><u>Ventura County Behavioral Health (VCBH) Managers/Staff Present</u> Dina Olivas, Youth & Family Division Sr. Manager Hilary Carson, MHS Program Administrator – Innovations Mari Aguilar, VCBH minute taker Gracie Lopez, BHAB Assistant</p> <p>NEXT MEETING: December 9, 2020</p>
--	---

Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Chair Nielsen called the meeting to order at 10:00 a.m.		
II.	Approval of the Agenda Ms. Nielsen asked the Committee to review and approve today’s agenda. Carole Shelton moved to approve; Martie Miles seconded. The motion carried unanimously through roll call.	The agenda was approved as written. M/S/C	
III.	Approval of the August 12, 2020 Minutes Ms. Nielsen asked the committee to review and approve the minutes of the August 12,2020 meeting. Carole Shelton moved to approve; Martie Miles seconded. The motion carried unanimously through roll call.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions Ms. Nielsen welcomed everyone and asked for introductions.		
V.	Chair Announcements None.		
VI.	Public Comments None.		
VII.	Presentation: Children’s System of Care AB2083 – David Swanson-Hollinger, Sr. Manager Human Service Agency, Child Family Services David Swanson-Hollinger, Sr. Manager with Child Family Services, provided a presentation on the local implementation of AB2083 - Children’s System of Care legislation and the use of Essentials for a Childhood model to develop cross-system care and coordination of services. These efforts are part of a Joint Governance that is made up of VCBH, CFS, Probation, and Public Health to ensure children and their families receive timely access to the appropriate level of care. See attached for details of the presentation. Elizabeth R. Stone commented that it would be beneficial to share the Children’s System of Care AB2083 presentation with the full membership of the Behavioral Health Advisory Board (BHAB) for their information. Ms. Nielsen suggested that consideration be made to share the presentation with the members of the BHAB.		

VIII.	<p>Ventura County Behavioral Health (VCBH) Youth & Family Division Updates</p> <ul style="list-style-type: none"> • Youth & Family Division – Dina Olivas, Division Chief <ul style="list-style-type: none"> ❖ Pete Pringle will retire at the end of October and Kiran Sahota is preparing to retire. ❖ ICMC, a committee of agencies comprised of VCBH, Probation, Human Services Agency, Tri-Counties Regional Center and educational agency partners, continues to meet monthly. ❖ CaLAIM is the reform to Mental Health Care within the State of California. Efforts are to have fully integrated care where full coordination of care for individuals who not only have mental health challenges, but that are struggling with other kinds of health educational and social service issues. VCBH can provide early intervention and is participating in some State meetings. ❖ Please visit the Wellness Everyday website for continual COVID-19 updates. ❖ Dr. Acosta, who was previously with VCBH, started offering an eating disorders program. Zandra Tadeo is now assigned with developing a framework and coordinating with clinicians and TBS/IHBS on how to work with youth who have eating disorders. VCBH will continue to enhance the program and are working on developing training. • Mental Health Services Act (MHSA) – Hilary Carson, Program Administrator, Innovations <ul style="list-style-type: none"> ❖ Ms. Carson advised that she reports to Dr. Denering and that Clara Barron will be retiring. ❖ A CPP process will begin to update the community of any changes. ❖ MHSA is planning to maintain coordination of Suicide Prevention activities and will keep the public informed of any updates to the plan. ❖ The CAATS Innovations project is ending and the final report will be generated by December 1. ❖ The Healing the Soul project and it in its final year and MHSA will be coordinating training with clinicians, which may need to be repeated. 		
IX.	<p>Committee Members' Comments, Activities, Updates</p> <p>Carole Shelton provided an update on behalf of Rainbow Connection noting that it continues to offer numerous support groups via Zoom for parents struggling with distance learning for children with disabilities. Ms. Shelton provided specific details of the group support sessions as well as exercise classes and bilingual information regarding breast cancer awareness. Tri-Counties Regional Center will hold employment services meetings and will have an IEP presentation for the little ones transitioning out of Early start. For further information regarding activities or family referrals, emails can be sent to rainbow@tri-counties.org.</p> <p>Maya Lazos provided a NAMI update noting that they have kicked off a community care program. The program is a two-hour program designed to introduce evidence and experience-based mental health education with the focus on wellness, recovery and hope. The schedule is posted on the NAMI website.</p> <p>Regina Reed of VCOE provided an update noting that educational districts are making plans to reopen their sites. Some districts are running cohorts, will have 16 students per class and the efforts to balance provided services is continually being discussed. SELPA will offer Katie Novak for a Parents and Caregivers Series. The presentation is recorded and will be shared on the website. Behavior Basics Distant Learning Environment is also another presentation for Parents and Caregivers. All professional development for the remainder of the school year will be held virtually.</p> <p>Martie Miles provided updates noting that Aspiranet is offering Telehealth services, in-person sessions and are meeting clients and families outdoors remaining 6 feet apart.</p>		
X.	<p>Items for the Next Meeting Agenda</p> <p>Not discussed.</p>		
XI.	<p>Adjourn</p> <p>The meeting adjourned at</p>		



Ventura County Special Education Local Plan Area (SELPA)
Emily Mostovoy-Luna, Assistant Superintendent
Presents...

BEHAVIOR BASICS IN THE DISTANCE LEARNING ENVIRONMENT FOR PARENTS AND CAREGIVERS

Have questions about how to support your child and effectively deal with any behavior needs during distance learning? This workshop will provide strategies and supports to help you in the home.

Regina Reed, Director Personnel Development, Ventura County SELPA
Team of Behavior Specialists, Ventura County SELPA

Target Audience: Parents and Caregivers

Date:

October 22, 2020

Time:

3:00pm – 5:00pm

This training will be held via Zoom. Please register using the link below and the Zoom link will be sent to you. If you are new to Zoom and the online training format, you may find this link helpful:

<https://www.vcoe.org/Special-Education/Distance-Learning-Resources-for-Parents/Technology-Tips>

Please note this training will be recorded and placed on the SELPA website.



THERE IS NO COST FOR THIS TRAINING

However, this workshop requires online registration

Go to <http://vcoe.k12oms.org/> to create an OMS account

If you already have an account go to <http://vcoe.k12oms.org/1630-191557> to register.

October 22, 2020

Spanish Interpretation

(Must be reserved at least seven (7) days in advance)

Name: _____ District: _____

Parent Other (specify): _____

E-mail: _____

If you have questions or need assistance, please call Ana Teran at (805) 437-1560 or email AOLvera@vcoe.org



Proudly Presents

Katie Novak
Novak Educational Consulting
Remote Learning Implementation Support
Parent and Caregivers Series

Let Them Thrive!
Unlocking the Doors to Academic Success
in Remote Learning

The transition to remote learning can be challenging for students and families. But with the proper supports and strategies, we can create an environment where our students can find success in this new setting. Join Dr. Katie Novak for a four-part series created to provide you with the tools to help your children thrive in remote learning. Each session will commence with a Q and A. If you have questions you would like to submit beforehand, please email to Regina Reed, RReed@vcoe.org. You are encouraged to attend and register for all four presentations.

Novak Educational Consulting is the premier organization for designing and delivering high-quality, evidence-based professional development on Universal Design for Learning (UDL), multi-tiered systems of support (MTSS), evidence-based tiered interventions, inclusive practice and effective leadership practices.

Target Audience: Parents and Caregivers

Topics to be Discussed:

- Addressing the needs of all students regardless of background and aptitude
- Strategies to support your students and help them learn new skills
- How educators and caretakers can effectively work together

Dates:

October 13
November 3
November 30
December 8

Time:

4:00pm to 6:00pm

No Cost
Registration Details Below

Online registration is required.

To register, you will need to have an OMS account. If you have not already done so, you may create an OMS account at:

https://vcoe.k12oms.org/create_account.php

Once you have your OMS account, you may use the following link to register for the series:

<http://vcoe.k12oms.org/1630-193310>

These trainings will be held via Zoom. Please register using the link below and the Zoom link will be sent to you.

If you are new to Zoom and the online training format, use the following link for assistance:

<https://www.vcoe.org/Special-Education/Distance-Learning-Resources-for-Parents/Technology-Tips>

Each session will commence with a Q and A. If you have questions you would like to submit beforehand, please email to Regina Reed, RReed@vcoe.org.