



EFFECTING CHANGE THROUGH THE USE OF MOTIVATIONAL INTERVIEWING

Interactive Training for Skill Development

Sponsored by Department of Health Care Services (DHCS), UCLA Integrated Substance Abuse Programs, Pacific Southwest Addiction Technology Transfer Center and Ventura County Behavioral Health

DATE & TIME: **9:00 AM to 4:30 PM Wednesday - June 5, 2019**
Sign-in begins at 8:30 AM, and the training begins at 9:00 am

LOCATION: **Ventura County Behavioral Health Training Room**
1911 Williams Drive; Oxnard, CA 93036
* Parking available behind VCBH building; use Entrance Door F

SPEAKER: Andrew S. Kurtz, MA, MFT, UCLA Integrated Substance Abuse Programs

WHO SHOULD ATTEND: This six-hour training is free and open to staff interested in providing Motivational Interviewing, including:

- Psychologists
- LMFTs and LCSWs
- Registered Nurses
- Certified Substance Use Disorder Treatment Counselors
- Other Behavioral Health Specialists/Clinicians

TRAINING DESCRIPTION: Motivational Interviewing, a treatment approach developed by William Miller, has been well established as an effective way to promote behavior change in individuals. Following a brief review of the fundamental MI principles and micro-skills, this experiential MI Skill Development training will focus on helping clients engage in change talk, then make commitments to make behavioral changes based on goals they have identified. Ample time will be devoted to role play practice to enable participants to gain skills necessary that elicit change talk from clients with low levels of readiness for change, thereby increasing levels of motivation and moving them toward action to address their substance use issues.

* Due to the skill building emphasis on this training session, registration is limited to a maximum of **40** participants.

CONTINUING EDUCATION:

The training course meets the qualifications for the provision of six (6) continuing education credits/contact hours (CEs/CEHs). UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA ISAP maintains responsibility for this program and its content. UCLA ISAP is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs (Provider #64812). UCLA ISAP maintains responsibility for this program/course and its content. Course meets the qualifications for six (6) hours of continuing education credits for LMFTs, LCSWs, LPCCS, and LEPs as required by the California Board of Behavioral Sciences. UCLA ISAP is also an approved provider of continuing education for RADTs I/II, CADCs-CASs, CADCs I/II, CADCs-CSs, and LAADCs (CCAPP, #2N-00-445-1119), CATCs (ACCBC/CAADE, #CP 20 872 C 0819), and CAODCs (CADTP, #151). Provider approved by the California Board of Registered Nursing, Provider #15455, for 6 contact hours. CE credit will be awarded at the conclusion of the training. Partial credit will not be available for those participants who arrive late or leave early.



Instructions for Filing a Grievance Concerning UCLA ISAP's Continuing Education Program: Please contact Dr. Thomas E. Freese, CE Program Administrator, in writing (UCLA ISAP, 11075 Santa Monica Boulevard, Suite 200, Los Angeles, CA 90025) or by phone (310-267-5397).

Funding for this training session was made possible by DHCS contract number #17-94259 (California Substance Use Disorder Training and Technical Assistance IA) from the California Department of Health Care Services. The planners and faculty disclose no relevant financial relationships with commercial interests. This program had no commercial support.

Pre-registration is required.

Please RSVP online at

<https://www.surveymonkey.com/r/5XN62PH>

no later than May 30, 2019



If you need a disability-related reasonable accommodation/alternative format for this event, please contact Anita Catapusan by phone at (805) 981-9209, or email her at Anita.Catapusan@ventura.org one week before the training.

Cancellation Policy: Notice of cancellation must be made at least 72 hours in advance of the training by contacting Victoria Norith at (310) 267-5408 or email (vnorith@mednet.ucla.edu).

Registrations will be accepted on a first-come, first-served basis. This training can accommodate 40 people. You will be notified if space has been reserved for you upon receipt of your online registration.