

Doctoral Practicum Fact Sheet

VENTURA COUNTY BEHAVIORAL HEALTH (VCBH)

- A department of Ventura County Health Care Agency's integrated public health care system.
- Outpatient public mental health services provided to the residents of Ventura County.
- Regionally based clinics for children/adolescents and families, adults, and older adults
- Specialty programs include partnerships with city and county agencies, courts, local law enforcement and public schools.

MISSION:

To promote hope, resiliency and recovery for our clients and their families by providing the highest quality prevention, intervention, treatment and support to persons with mental health and substance abuse issues.

Compassion * Teamwork * Integrity * Respect * Collaboration

TRAINING AND EXPERIENCE:

- Comprehensive training with a wide range of experiences in public behavioral health care
- Psychological assessment, psychotherapy and case management
- Community based clinics with multi-disciplinarian teams
- Access to supplemental seminars and other training throughout the year
- Participate in case consultation and treatment team meetings

CLINIC LOCATIONS:

 Practicum location opportunities vary annually

Youth & Family Services: <https://vcbh.org/en/programs-services/youth-family-services>

Transitional Age Youth Services: <https://vcbh.org/en/programs-services/transitional-age-youth-16-25>

Adult/Older Adult Services: <https://vcbh.org/en/programs-services/adult-services>

Substance Use Treatment Specialty program accepting students: [A New Start for Moms](#) is a specialty program for women of all ages who are pregnant or have young children offering treatment for substance abuse co-occurring with mental health disorders (frequently: PTSD, Mood Disorders and Anxiety Disorders).

The multi-disciplinary team is comprised of psychiatrists, community service coordinators, alcohol and drug counselors, and licensed clinicians. Services include individual psychotherapy, group counseling, parenting education, intensive perinatal program, methamphetamine intensive program, recovery group, relapse education, and crisis intervention, as well as collaboration with Human Services Agency and community resources. <https://vcbh.org/en/programs-services/substance-use-services>

SUPERVISION:

- Minimum of 1 hour per week with a licensed psychologist
- Supervisors meet all requirements per the Board of Psychology regulations.
- As needed, 2-hour group supervision provided by either a licensed psychologist or delegated licensed supervisor (LCSW, LMFT, or LPCC)

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TIME COMMITMENT:

- **Applications** accepted from **January thru February 15th only** with a start date in July
- 12 or 24 month commitment (minimum of 16 hours per week).
- Practicum hours are scheduled during regular clinic hours (Monday–Thursday 8:00am – 6:00 pm, Friday 8:00am – 5:00 pm) - No weekend or evening hours